Dressed to dance.

what to wear for every class

Proper dance attire ensures student safety, allows instructors to check alignment and technique, and fosters a focused, professional learning environment. Please review the style-specific requirements below prior to the start of classes.

GENERAL STUDIO RULES

Hair

Hair must be neatly secured off the face and neck for all disciplines.

Fit & safety

Clothing must fit properly to prevent tripping or catching. Denim, street clothes, and non-stretch fabrics are strictly prohibited (except approved Hip Hop streetwear).

Jewelry & accessories

No hoop or dangling earrings, necklaces, bracelets, or watches. Small stud earrings are permitted — hoop earrings are just dangerous.

Footwear care

Outdoor street shoes are not permitted on studio floors. Tap and jazz shoes must remain indoors to protect the dance surfaces.

REQUIREMENTS BY DANCE STYLE

01 Combo & Trio

ATTIRE Leotard. Skirt or fitting shorts are permitted.

TIGHTS Pink, black or skin-tone tights.

SHOES — COMBO
- Leather or canvas split-sole ballet slippers
- Tan Mary Jane tap shoe

SHOES — TRIO
- Leather or canvas split-sole ballet slippers
- Tan Mary Jane tap shoe
- Tan split-sole jazz shoe

02 Ballet

ATTIRE Leotard.

TIGHTS Pink, black or skin-tone convertible tights.

SHOES Leather or canvas split-sole ballet slippers (Capezio Hanami preferred).

03 Tap

ATTIRE Form-fitting top or leotard with fitted jazz pants, leggings, or bike shorts.

TIGHTS Optional — convertible tights or thin socks recommended to prevent chafing.

SHOES Leather tap shoes (Oxford style preferred for intermediate/advanced dancers).

04 Jazz

ATTIRE Form-fitting tank top, crop top, or leotard paired with tights, high-waisted leggings, jazz pants, or fitted shorts.

SHOES Slip-on leather jazz shoes (Bloch Pulse preferred).

05 Lyrical

ATTIRE Leotard or fitted dance top with footless/convertible tights, leggings, or spandex shorts. Flowy dance shorts or attached skirts are acceptable.

SHOES Half-sole turning shoes (Hanamis preferred).

06 Hip Hop

ATTIRE Loose-fitting T-shirt, tank top, or hoodie paired with sweatpants, track pants, or joggers.

SHOES Clean, dedicated indoor sneakers reserved exclusively for studio use.

CORE ESSENTIALS

Base layer. Convertible tights let dancers switch easily between footed styles (Ballet, Jazz) and bare feet or half-soles (Lyrical).

Versatility.

- A leotard and tights serve as a foundation for almost every discipline except Hip Hop.
- Int/Adv dancers may wear tights over their leotard for quick changes between class styles.
- Dress in layers during winter months.

Dance shoes matter. Please avoid dance footwear from retailers like Amazon or Target — it often lacks support, fits loosely, and has rigid soles that limit foot articulation. Shop current sales at Dance World for fitted, studio-approved shoes, or check our Studio Donation Bin for complimentary, gently-used pairs.

QUICK CHECKLIST

- [ ] Hair supplies in dance bag (bobby pins or clips, hair ties)
- [ ] Correct footwear for all scheduled classes
- [ ] Water bottle labeled with student's name
- [ ] Extra pair of convertible tights

Thank you for helping us maintain a safe and productive environment for all dancers!

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